

# Portobello

## - GLUTEN FREE MENU -

All our dishes are made to order with fresh ingredients, meaning there is plenty of choice for those who avoid wheat and gluten.

The food on this menu may also be available on our a la carte menu so please inform us when ordering that you require gluten free.

Whilst every effort is made to prepare food separately, traces of gluten may remain, as all food is prepared in a kitchen where gluten is present.

### - STARTERS -

**Zuppa Della Casa (v) £7.55** - Homemade soup of the day served with gluten free bread.

**Gamberoni Picante £9.60** - Tiger prawns baked with garlic in a chorizo, chilli and plum tomato sauce.

**Funghi con Prosciutto £7.65** - Portobello mushrooms filled with Parma ham and mozzarella cheese.

**Insalata Rucola £7.55** - Rocket leaves with fresh mozzarella, cured ham and cherry tomatoes.

**Funghi con la Panna (v) £8.45** - Whole button mushrooms with white wine, lemon and parmesan in a cream and garlic sauce served with gluten free bread.

**Lasagne al forno (v) £8.20** - A small portion of our gluten free vegetable lasagne oven baked with mozzarella.

**Melanzane Mozzarella (v) £6.95** - Aubergine cooked in a rich Napoli sauce and oven backed with mozzarella and parmesan.

**Funghi di Carne £7.10** - A generous mix of oyster mushrooms, button mushrooms and crisp bacon, served warm over a bed of mixed salad.

**Cozze Grattinate £8.60** - Half shell mussels baked in white wine and garlic, sprinkled with mozzarella cheese.

**Capersante £10.95** - Pan fried scallops served with chilli pesto and coriander mayonnaise.

**L'Avocado E Gamberetti £8.15** - Avocado and prawns served with mixed peppers and marie rose sauce.

**Fichi con Prosciutto £8.50** - Figs wrapped in prosciutto served with basil mascarpone and balsamic reduction.

### Something while you're deciding?

**Mixed marinated olives (v) £3.25**

**Olives with Feta (v) £4.55**

### - TO SHARE -

**Bread and Olives (v) For One £5.80 / For Two £8.90**

A mix of warm gluten free breads with marinated olives and dipping oil.

**Affettato Misto For One £9.15 / For Two £13.90**

Cured Italian meats served with warm buttered spinach, olives, sun blushed tomatoes and gluten free bread.

### - PASTA -

*The following sauces served with our gluten free pasta*

**Al Salmone £14.40** - Smoked salmon pieces in an orange, tomato and cream sauce.

**Bolognese £12.70** - Homemade beef Bolognese sauce.

**Pollo Pesto £13.95** - Homemade basil pesto with chicken, peppers and onions.

**Panza £14.30** - Pieces of chicken breast and mushrooms in a creamy tomato sauce.

**Formaggio £13.70** - Bacon and leeks in a creamy dolcelatte cheese sauce.

**Marinara £15.35** - Mixed seafood in a fresh tomato sauce with red wine, olives and garlic

**Con Gamberetti £14.75** - King prawns and mushrooms in a creamy red pepper and rocket sauce.

**All'Arrabiata £13.60** - Spicy chilli and plum tomato sauce with pepperoni, mixed peppers and olives.

**Carbonara £13.85** - Pancetta, onions and parmesan cheese in a cream sauce.

**Pollo Dolcelatte £14.15** - Chicken and apricots cooked in a cream and dolcelatte cheese sauce.

**Epomeo (v) £13.70** - Mushrooms and mixed peppers cooked in a creamy tomato sauce with chilli and fresh coriander.

**Amalfitane £15.90** - Crayfish and tiger prawns cooked with lemon, rocket and olive oil.

**Con Capperi e Tonno £14.75** - Tuna, capers and olives in a tomato sauce.

**Per Sorelle £14.60** - Smoked salmon in a cream cheese, lemon and dill sauce.

**Lasagne al forno (v) £13.80** - Our homemade vegetable lasagne oven baked with mozzarella.

### - SALADS -

**Insalata con Avocado (v) £12.90** - Avocado and mozzarella on a mixed leaf salad with cherry tomatoes, cucumber, red onion and sweetcorn.

**Insalata di Cesare con Pollo e Pancetta £13.50** - A tender chicken breast and bacon over cos lettuce with Caesar salad dressing, fresh tomatoes and parmesan cheese. (Please ask if you'd like to add anchovies).

**Insalata Mista (v) £12.70** - Pan fried vegetables on a bed of mixed leaf salad with cherry tomatoes, cucumber, red onion, sweetcorn and walnuts to finish.

**Insalata con Gamberetti £15.40** - Prawns and tuna with mixed leaf salad, cherry tomatoes, cucumber with a homemade chilli & lime mayonnaise.

**Insalata Calda £14.80** - Slices of tender chicken breast with mushrooms, onions, bacon and peppers served on a salad with a warm vinaigrette dressing.

**Insalata con Spinaci £13.65** - Warm chicken breast, spinach and mushroom served on a green leaf salad with a warm vinaigrette.

### - RISOTTO -

**Risotto con Portobello £19.90**

Scallops and king prawns in a cream and garlic risotto with a hint of chilli.

**Risotto al Pollo e Piselli £13.40**

Chicken, pea and pancetta risotto in a parmesan cream sauce.

**Risotto Vegetariana (v) £12.40**

Mediterranean vegetable risotto in a tomato and basil sauce.

## - SPECIALITIES -

### - STEAK -

*All of our steaks are chargrilled to your liking and are available as an 8oz fillet or a 10oz sirloin.*

**Griglia £23.45**

An 8oz steak chargrilled to your liking.

**Al Pepe £25.90**

8oz steak served in a classic green peppercorn and tomato sauce.

**Speciale £26.75**

8oz steak with onions, garlic, mushrooms and prawns in a creamy white wine sauce.

**Diavola £25.95**

Steak cooked in a red wine, cream and French mustard sauce.

**Al Funghi £25.95**

8oz steak cooked in a cream and mushroom sauce.

**Scappa £24.75**

An 8oz steak in a dolcelatte and cream sauce with bacon and asparagus.

*Please note that sirloins naturally have more fat than fillets, however this gives it a bolder flavour.*

### - FILLET STEAK STRIPS -

**Manzo di Portobello £22.45**

Strips of steak with mushrooms and asparagus served in a creamy green peppercorn sauce.

**Beef Stroganoff £22.75**

Strips of steak, mixed peppers and mushrooms served in a cream and French mustard sauce.

### - LAMB -

**Agnello al Rosso £26.40**

Chargrilled lamb loins served with a red wine reduction.

### - PORK -

**Pork Stroganoff £20.00**

Strips of pork loin in a wholegrain mustard stroganoff sauce with mushrooms, peppers and onions.

**Pork con Albicocca e Crema £19.75**

Grilled pork loin in an apricot and cream sauce with fresh coriander and garlic.

*All specialities are served with your choice of chips, rice, mixed vegetables or salad.*

### - CHICKEN -

**Pollo Formaggio £19.95**

A tender breast of chicken in a dolcelatte cheese sauce with pancetta and leeks.

**Pollo Estragone £19.65**

A tender breast of chicken cooked with mushrooms, onions and tarragon in a red wine jus.

**Pollo con Prosciutto al Forno £20.25**

A tender breast of chicken topped with cured ham and cooked in a rich Napoli sauce, topped with mozzarella cheese and baked in the oven.

### - FISH -

**Branzino Albicocca £23.65**

Baked seabass in an apricot and blue cheese sauce.

**Branzino al Cardinale £24.85**

Seabass with prawns, asparagus and dill, cooked in a light white wine and cream sauce.

**Branzino con Capperi £23.45**

Seabass cooked with capers, olive oil and drizzled with fresh lemon juice.

**Branzino Portobello £23.15**

Baked seabass served with a chilli infused Napoli sauce with red onions, mixed peppers and olives.

**Salmone Roma £22.00**

Fillet of salmon in a cream sauce with mushrooms, onions and prawns.

**Salmone e Mascarpone £22.00**

Fillet of salmon in a red pepper and mascarpone cream sauce.

**Tonno al Salsa £22.45**

Grilled tuna steak with a spiced tomato salsa.

## - PIZZA -

**Margherita (v) £12.10** - Cheese, tomato and oregano.

**Pollo Toscana £13.85** - Mushrooms, ham and chicken.

**Quattro Stagioni £14.25 (Four seasons)** - Quarters of ham, mushrooms, artichoke and asparagus.

**Pepperoni £13.65** - Mixed peppers and pepperoni.

**Tonno £14.30** - Tuna, red onion and sweetcorn.

**Prosciutto Ananas £13.35** - Ham and pineapple.

**Vegetariana (v) £13.35** - Mushrooms, mixed peppers, onions, olives and sweetcorn.

**Fiorentina £13.85** - Spinach, egg and ham.

**Portobello Speciale £13.95** - Mushrooms, ham, salami, pepperoni, peppers and onions.

**Quattro Formaggi (v) £13.95** - Four Cheeses (mozzarella, cheddar, parmesan and gorgonzola).

**Prosciutto Crudo £15.05** - Cheese and tomato pizza baked in the oven then covered with cured ham and fresh rocket.

**Festa Di Carne £14.90** - Ham, pepperoni, salami and pancetta.

**Marinara £15.45** - Mixed seafood, prawns, mussels, calamari, and tuna with olives.

**Prosciutto E Funghi £15.45** - Mixed mushroom pizza topped with cured Parma ham.

## - SIDE ORDERS -

**Rice £3.45**

**Chips £3.60**

**Mixed Vegetables £4.10**

**Herby Fried Potatoes £5.15**

**Creamy Mash £4.35**

**Pesto Mash £4.65**

**Gluten Free Bread with Dipping Oil £5.25**

**Tomato and Onion Salad £4.15**

**Bruschetta £6.45**

(tomato, red onion, olives and basil)

**Mixed Salad £4.70**

**Garlic Bread £7.35**

**Garlic Bread with Tomato £7.60**

**Garlic Bread with Cheese £7.85**

**Garlic Bread with Pesto £8.05**

**Olives and Feta £4.55**

**Mixed Marinated Olives £3.25**

**Insalata Caprese £5.**

(tomato, red onion and fresh mozzarella)