

Allergen Matrix

[illegible]

Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Zuppa Della Casa (Soup) (v)	Please Ask	Please Ask For GF	X	X	X	X	Please Ask	X	X	X	X	X	M	X	X
Gamberoni Picanti	X	Please Ask For GF	Y	X	X	X	Y	X	X	X	X	X	M	X	X
Funghi Con Prosciutto	X	X	X	X	X	X	Y	X	X	Y (Won't contain mustard if ordered with a different salad dressing)	X	X	X	X	X
Insalata Rucola	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Funghi di Tasto (v)	X	Y	X	X	X	X	Y	X	X	X	X	X	M	X	X
Affettato Misto	X	Please Ask For GF	X	X	X	X	Please Ask	X	X	X	X	X	M	X	X
Funghi Con Panna (v)	X	Please Ask For GF	X	X	X	X	Y	X	X	X	X	X	M	X	X
Lasagne Al Forno	X	Please Ask For GF (GF LASAGNE IS VEGETARIAN)	X	M	X	X	Y	X	X	X	X	X	X	M	X
Melanzane Mozzarella (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Cannelloni	Y	Y	X	X	X	X	Y	X	X	X	X	X	X	X	X
Funghi di Carne	X	X	X	X	X	X	X	X	X	Y (Won't contain mustard if ordered with a different salad dressing)	X	X	X	X	X
Pescato del Giorno (Fishcake)	X	Y	Please Ask	X	Y	X	Y	X	Please Ask	X	X	X	X	X	Y
Cozze Gratinatè (Mussels)	X	X	X	X	X	X	Y	X	Y	Y (Won't contain mustard if ordered with a different salad dressing)	X	X	X	X	X

Starters															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Capersante (Scallops)	X	X	X	X	X	X	Y	X	Y	Y <i>(Won't contain mustard if ordered with a different salad dressing)</i>	X	X	X	X	X
Avocado Gamberetti	X	X	Y	Y	X	X	X	X	X	X	X	X	X	X	X
Fichi Con Proscuitto (Figs)	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Bread and Olives (v)	X	Please Ask For GF	X	M	X	X	Y	X	X	X	X	X	X	Y	X
Chicken															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Pollo Con Formaggio	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Pollo Estragone	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pollo Con Proscuitto	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Steak / Strips															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Beef Stroganoff	X	X	X	X	X	X	Y	X	X	Y	X	X	X	X	X
Manzo di Portobello	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Griglia	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Al Pepe	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Speciale	X	X	Y	X	X	X	Y	X	X	X	X	X	X	X	X
Diavola	X	X	X	X	X	X	Y	X	X	Y	X	X	X	X	X
Ai Funghi	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Scappa	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X

P O R K															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Pork Stroganoff	X	X	X	X	X	X	Y	X	X	Y	X	X	X	X	X
Pork con Albiccoca	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
F I S H															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tonno con Salsa	X	X	X	X	Y	X	X	X	X	Y	X	X	X	X	X
Branzino con Albiccoca	X	X	X	X	Y	X	Y	X	X	X	X	X	X	X	X
Branzino al Cardinale	X	X	Y	X	Y	X	Y	X	X	X	X	X	X	X	X
Branzino con Capperi	X	X	X	X	Y	X	X	X	X	X	X	X	X	X	X
Branzino Portobello	X	X	X	X	Y	X	X	X	X	X	X	X	X	X	X
Salmone Mascarpone	X	X	X	X	Y	X	Y	X	X	X	X	X	X	X	X
Salmone Roma	X	X	Y	X	Y	X	Y	X	X	X	X	X	X	X	X
P I Z Z A															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Pizza Dough	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X
GF Pizza Bases	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X
Margherita (v)	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X
Pollo Toscana	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X

PIZZA															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Quattro Stagioni	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	Y	X	X	X	X	X
Pepperoni	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X
Tonno	X	Please ask for GF	X	X	Y	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X
Calzone	X	Y	X	X	X	X	Y	X	X	X	X	X	X	X	X
Calzone con Funghi e Spinaci (v)	X	Y	X	X	X	X	Y	X	X	X	X	X	X	X	X
Diablo	X	Y	X	Y	X	X	Y	X	X	X	X	X	X	X	X
Prosciutto Ananas (Ham + Pineapple)	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X
Vegetariana (v)	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X
Fiorentina	X	Please ask for GF	X	Y	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X
Portobello Speciale	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X
Proscuitto E Funghi	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X
Quattro Formaggi (v)	X	Please ask for GF	X	X	X	X	Y	X	X	X	X	X	X	X	X
Proscuitto Crudo	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X

PIZZA															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Festa Di Carne	X	Y	X	Y	X	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	X	X	X	X	X	X	X
Marinara	X	Please ask for GF	Y	X	Y	X	Please ask for Dairy Free	X (Dairy Free Cheese will contain Oat)	Y	X	X	X	X	X	X
SALAD															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Insalata con Avocado (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Insalata di Cesare con Pollo e Pancetta	X	Please ask for GF	X	Y	Y (Won't contain fish if ordered without anchovies)	X	Y	X	X	X	X	X	X	X	X
Insalata Mista (v)	X	X	X	X	X	X	X	X	X	Y (Won't contain mustard if ordered with a different salad dressing)	Y	X	X	X	X
Insalata con Gamberetti	X	X	Y	Y	Y	X	X	X	X	X	X	X	X	X	X
Insalata Calda	X	X	X	X	X	X	Please ask for Dairy Free	X	X	Y (Won't contain mustard if ordered with a different salad dressing)	X	X	X	X	X
Insalata con Spinachi	X	X	X	X	X	X	Please ask for Dairy Free	X	X	Y (Won't contain mustard if ordered with a different salad dressing)	X	X	X	X	X
RISOTTO															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Risotto con Portobello	X	X	Y	X	X	X	Y	X	Y	X	X	X	X	X	X

R I S O T T O															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Risotto con Pollo	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Risotto Vegetariana (v)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Risotto Cozze Gamberetti	X	X	Y	X	X	X	X	X	X	X	X	X	X	X	X
P A S T A															
(GF PASTA SAUCES WILL BE MADE WITH FUSILLI)															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Spaghetti con Gamberetti	X	<i>Please ask for GF</i>	Y	X	X	X	Y	X	X	X	X	X	X	X	X
Penne All'Arrabbiata	X	<i>Please ask for GF</i>	X	X	X	X	<i>Please Ask</i>	X	X	X	X	X	X	X	X
Tagliatelle alla Carbonara	X	<i>Please ask for GF</i>	X	X	X	X	Y	X	X	X	X	X	X	X	X
Tortellini Portobello (v)	X	Y	X	Y	X	X	Y	X	X	X	X	X	X	X	X
Tortellini con Rucola (v)	X	Y	X	Y	X	X	Y	X	X	X	X	X	X	X	X
Penne con Capperi e Tonno	X	<i>Please ask for GF</i>	X	X	Y	X	X	X	X	X	X	X	X	X	X
Penne al Salmone	X	<i>Please ask for GF</i>	X	X	Y	X	Y	X	X	X	X	X	X	X	X
Spaghetti Bolognese	X	<i>Please ask for GF</i>	X	X	X	X	X	X	X	X	X	X	X	X	X
Spaghettl con Polpette	X	Y	X	Y	X	X	X	X	X	X	X	X	X	X	X
Cannelloni al Forno	Y	Y	X	X	X	X	Y	X	X	Y <i>(Won't contain mustard if ordered with a different salad dressing)</i>	X	X	X	X	X
Penne Dolcelatte	X	<i>Please ask for GF</i>	X	X	X	X	Y	X	X	X	X	X	X	X	X
Spaghetti Epomeo (v)	X	<i>Please ask for GF</i>	X	X	X	X	Y	X	X	X	X	X	X	X	X

P A S T A															
(GF PASTA SAUCES WILL BE MADE WITH FUSILLI)															
Linguine Malfitane	X	Please ask for GF	Y	X	X	X	X	X	X	X	X	X	X	X	X
Tagliatelle per Sorelle	X	Please ask for GF	X	X	Y	X	Y	X	X	X	X	X	X	X	X
Penne al Pesto	X	Please ask for GF	X	X	X	X	Y	X	X	X	X	X	X	X	X
Lasagne Al Forno	X	Please Ask For GF (GF LASAGNE IS VEGETARIAN)	X	M	X	X	Y	X	X	Y (Won't contain mustard if ordered with a different salad dressing)	X	X	X	M	X
Tagliatelle Panza	X	Please ask for GF	X	X	X	X	Y	X	X	X	X	X	X	X	X
Linguine Marinara	X	Please ask for GF	Y	X	Y	X	X	X	Y	X	X	X	X	X	X
Linguine al Formaggio	X	Please ask for GF	X	X	X	X	Y	X	X	X	X	X	X	X	X
S I D E S															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Rice (v)	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X	X	X	X	X	X	X	X
Chips (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vegetables (ve)	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X	X	X	X	X	X	X	X
Herby Fried Potatoes (v)	X	Please ask for GF	X	X	X	X	Please ask for Dairy Free	X	X	X	X	X	X	X	X
Creamy Mash (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Pesto Mash (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Ciabatta (ve)	X	Please ask for GF	X	X	X	X	X	X	X	X	X	X	X	X	X
Olives + Feta (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X

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DESSERTS															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Vanilla Ice-cream (v)	X	Please ask for GF	X	X	X	X	Y	X	X	X	X	X	X	M	X
Strawberries and Cream Ice-cream (v)	X	Please ask for GF	X	X	X	X	Y	X	X	X	X	X	X	X	X
Double Chocolate Chunk Ice-cream (v)	X	Please ask for GF	X	X	X	X	Y	X	X	X	X	X	X	Y	X
Mint Chocolate Ice-cream (v)	X	M (Please ask for GF)	X	M	X	X	Y	X	X	X	M	M	X	Y	X
Raspberry Ripple Ice-cream (v)	X	Please ask for GF	X	X	X	X	Y	X	X	X	M	M	X	X	X
Cheese + Biscuits (v)	Y	Y	X	M	X	X	Y	X	X	X	M	X	M	M	X
VEGAN															
DESSERTS															
Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Trillionaires Tart (ve)	X	X	X	M	X	X	M	X	X	X	M	X	X	Y	X
Vanilla Cheesecake (ve)	X	X	X	M	X	X	M	Y	X	X	X	X	X	X	X
Lemon Drizzle Cake (ve)	X	Y	X	X	X	X	X	X	X	X	X	X	X	X	X
Mixed Berry Ice-cream Sundae (ve)	X	Y (Can be GF if done without the biscuits)	X	X	X	X	M	X	X	X	X	X	X	X	X
Affogato (ve)	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X
Lemon Sorbet (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Orange Sorbet (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Raspberry Sorbet (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mango Sorbet (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vanilla Ice-cream (ve)	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X

Dish Name	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Oat	Molluscs	Mustard	Nuts (Tree Nuts)	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Chocolate Brownie (v)	X	X	X	Y	X	X	Y	X	X	X	X	X	X	X	X
Trillionaires Tart (ve)	X	X	X	M	X	X	M	X	X	X	M	X	X	Y	X
Vanilla Cheesecake (v)	X	X	X	Y	X	X	Y	X	X	X	M	X	X	X	X
Banana Bread (v)	X	X	X	Y	X	X	Y	X	X	X	X	X	X	X	X
Mixed Berry Eton mess (v)	X	X	X	Y	X	X	Y	X	X	X	X	X	X	X	X
Affogato (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	M	X
Lemon Sorbet (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Orange Sorbet (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Raspberry Sorbet (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mango Sorbet (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vanilla Ice-cream (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	M	X
Strawberries and Cream Ice-cream (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X
Double Chocolate Chunk Ice-cream (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	Y	X
Mint Chocolate Ice-cream (v)	X	M	X	M	X	X	Y	X	X	X	M	M	X	Y	X
Raspberry Ripple Ice-cream (v)	X	X	X	X	X	X	Y	X	X	X	M	M	X	X	X

SAUCES															
Chocolate Sauce (ve)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Toffee Sauce (v)	X	X	X	X	X	X	Y	X	X	X	X	X	X	X	X

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ALL allergens are present in our kitchen and although we are very careful with any allergies or dietary requirments, there is still a small risk of cross contamination.

The ingredients on this matrix are subject to change.									
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PLEASE REFER DIRECTLY TO STAFF FOR ANY ALLERGY ADVICE.