

Portobello

GLUTEN FREE MENU

ALL OUR DISHES ARE MADE TO ORDER WITH FRESH INGREDIENTS, MEANING THERE IS PLENTY OF CHOICE FOR THOSE WHO AVOID WHEAT AND GLUTEN. THE FOOD ON THIS MENU MAY ALSO BE AVAILABLE ON OUR A LA CARTE MENU SO PLEASE INFORM US WHEN ORDERING THAT YOU REQUIRE GLUTEN FREE. WHILST EVERY EFFORT IS MADE TO PREPARE FOOD SEPARATELY, TRACES OF GLUTEN MAY REMAIN, AS ALL FOOD IS PREPARED IN A KITCHEN WHERE GLUTEN IS PRESENT.

STARTERS

Zuppa Della Casa (v) Home-made soup of the day served with gluten free bread.	£9.50	Melanzane con Mozzarella (v) Aubergine in a rich Napoli sauce, oven baked with mozzarella cheese and parmesan.	£8.50
Gamberoni Piccanti Prawns baked in a chorizo, chilli and plum tomato sauce, drizzled with garlic.	£11.50	Funghi di Carne A generous mix of fresh oyster mushrooms, button mushrooms and crisp bacon served warm over a bed of mixed leaf salad.	£9.00
Funghi con Prosciutto Portobello mushrooms filled with Parma ham and mozzarella cheese and oven baked.	£9.50	Cozze Gratinato Half shell mussels baked in white wine and garlic, sprinkled with cheese.	£10.50
Insalata Rucola Rocket leaves with fresh mozzarella, cured ham and cherry tomatoes.	£9.50	Capesante Pan-fried scallops cooked in garlic, served on a bed of leaves with chilli pesto and coriander mayonnaise.	£13.00
Affettato Misto For One	£11.00	Avocado E Gamberetti Avocado and prawns with mixed peppers and marie rose sauce.	£10.00
Affettato Misto For Two Cured Italian meats served with warm buttered spinach, olives, sun blushed tomatoes and toasted gluten free ciabatta bread.	£17.00	Fichi con Prosciutto Figs and prosciutto, served with basil mascarpone and balsamic reduction.	£10.50
Funghi con Panna (v) Button mushrooms with white wine, lemon and parmesan in a cream and garlic sauce served with gluten free ciabatta.	£10.50	Bread and Olives For One (v)	£7.50
Lasagne al Forno (v) Traditional oven baked vegetable lasagne.	£10.00	Bread and Olives For Two (v) Mixed gluten free breads with marinated olives and dipping oil.	£11.00

SPECIALITIES

ALL SERVED WITH YOUR CHOICE OF TRIPLE-COOKED CHIPS, ARBORIO RICE OR MIXED VEGETABLES

CHICKEN

Pollo con Formaggio A tender breast of chicken in a dolcelatte cheese sauce with pancetta and leeks.	£25.50
Pollo Estragone A tender breast of chicken cooked with mushrooms, onions and tarragon in a red wine jus.	£25.00
Pollo con Prosciutto al Forno A tender breast of chicken topped with cured ham, a rich Napoli sauce and mozzarella cheese baked in the oven.	£25.50

FILLET STEAK STRIPS

Beef Stroganoff Strips of steak, mixed peppers and mushrooms served in a cream and French mustard sauce.	£30.50
Manzo di Portobello Strips of steak with mushrooms and asparagus served in a creamy green peppercorn sauce.	£30.00

PORK

Pork Stroganoff Strips of pork loin in a wholegrain mustard stroganoff sauce with mushrooms, peppers and redonions.	£25.50
Pork con Albicocca e Crema Pork loin in an apricot and cream sauce with fresh coriander and garlic.	£25.00

STEAK

ALL OF OUR STEAKS ARE CHARGRILLED TO YOUR LIKING AND ARE AVAILABLE AS AN 8OZ FILLET OR A 10OZ SIRLOIN.

Griglia Steak chargrilled to your liking.	£31.00
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OR, TRY ONE OF OUR DELICIOUS, FRESHLY MADE STEAK SAUCES

Al Pepe Steak served with a classic green peppercorn and creamy tomato sauce.	£34.00	Ai Funghi Steak served with a cream and mushroom sauce.	£34.00
Speciale Steak with onions, garlic, mushrooms and prawns in a creamy white wine sauce.	£35.00	Scappa Steak with a dolcelatte cream sauce with bacon and asparagus.	£32.50
Diavola Steak served with a red wine, cream and French mustard sauce.	£34.00		

PLEASE NOTE THAT SIRLOINS NATURALLY HAVE MORE FAT THAN FILLETS, HOWEVER THIS GIVES A BOLDER FLAVOUR

FISH

Tonno con Salsa Grilled tuna steak with a spiced tomato salsa. (We usually cook our tuna medium, but please let us know if you'd like yours done differently).	£29.00
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Branzino con Albicocca Baked seabass in an apricot and blue cheese sauce.	£30.00
Branzino al Cardinale Seabass with prawns, asparagus and dill, cooked in a light white wine and cream sauce.	£31.50

Branzino con Capperi Seabass cooked with capers, olive oil and fresh lemon.	£30.00
Salmone Mascarpone Salmon in a red pepper and mascarpone sauce.	£28.00

Branzino Portobello Baked seabass served with a chilli infused Napoli sauce with olives, peppers and red onion	£29.50
Salmone Roma Fillet of salmon in a cream sauce with mushrooms, onions and prawns	£28.00

P I Z Z A

MADE ON OUR DELICIOUS GLUTEN FREE BASES

Margherita (v) Classic cheese, tomato and oregano.	£14.50	Prosciutto E Funghi Mixed mushroom pizza topped with cured Parma ham.	£19.00
Pollo Toscana Mushrooms, ham and chicken.	£17.00	Quattro Formaggi (v) Mozzarella, cheddar, parmesan and gorgonzola.	£16.50
Quattro Stagioni Quarters of ham, mushrooms, artichoke and asparagus.	£17.50	Prosciutto Crudo Cheese and tomato pizza baked in the oven then covered with cured ham and fresh rocket.	£17.50
Pepperoni Seasoned pepperoni (Ask if you'd like to add mixed peppers).	£17.00	Festa Di Carne Ham, pepperoni, salami and pancetta.	£18.50
Tonno Tuna, red onion and sweetcorn.	£17.50	Marinara Prawns, mussels, cockles, calamari, and tuna with olives.	£19.00
Prosciutto Ananas Ham and pineapple.	£16.50		
Vegetariana (v) Mushrooms, mixed peppers, onions, olives and sweetcorn.	£16.50		
Fiorentina Spinach, egg and ham.	£17.00		
Portobello Speciale Mushrooms, ham, salami, pepperoni, peppers and onions.	£16.50		

EXTRA TOPPINGS ?

Vegetable Toppings	£1.50
Meat Toppings	£2.00
Seafood Toppings	£3.00

S A L A D S

Insalata con Avocado (v) Avocado and fresh mozzarella with mixed leaf salad, cherry tomatoes, cucumber, red onion and sweetcorn.	£15.50	Insalata con Gamberetti Prawns and tuna with mixed leaf salad, cherry tomatoes and cucumber with a chilli and lime mayonnaise.	£19.00
Insalata di Cesare con Pollo e Pancetta A tender chicken breast with bacon, served over cos lettuce tossed in Caesar salad dressing with fresh tomatoes and parmesan cheese. (Please ask if you'd like anchovies).	£16.00	Insalata Calda Slices of warm tender chicken breast with mushrooms, onions, bacon and peppers, served on a mixed salad with a warm vinaigrette.	£18.00
Insalata Mista (v) Pan fried vegetables on a bed of mixed leaf salad with cherry tomatoes, cucumber, red onion, sweetcorn and walnuts.	£15.00	Insalata con Spinaci Warm chicken, spinach and mushroom served on a green leaf salad with a warm vinaigrette.	£17.00

R I S O T T O

Risotto con Portobello	£24.00
Scallop and king prawn risotto cooked in a lightly spiced cream and garlic risotto.	
Risotto con Pollo	£16.00
Chicken, pea and pancetta risotto in a parmesan and cream sauce.	
Risotto Vegetarian (v)	£15.00
Mixed vegetable risotto in a tomato and basil sauce.	
Risotto Cozze Gamberetti	£21.00
Prawn and crayfish risotto cooked in a rich tomato sauce, topped with half-shell mussels	

F R E S H L Y M A D E

P A S T A D I S H E S

WE MAKE ALL OUR PASTA SAUCES WITH GARLIC.
JUST ASK IF YOU'D LIKE YOURS WITHOUT

MADE WITH GLUTEN FREE FUSILLI PASTA

Con Gamberetti	£18.00	Pollo Dolcelatte	£17.50
King prawns and mushrooms in a creamy red pepper and rocket sauce.		Chicken and apricots in a dolcelatte sauce.	
All'Arrabbiata	£17.00	Epomeo (v)	£17.00
Spicy chilli and plum tomato sauce with pepperoni, mixed peppers and olives.		Mushrooms and mixed peppers cooked in a creamy tomato sauce with chilli, lime and fresh coriander.	
Carbonara	£17.00	Al Malfitane	£19.50
Pancetta, onions and parmesan cheese in a cream sauce.		Gluten free fusilli, olive oil, crayfish, king prawns, lemon and rocket.	
Con Capperi e Tonno	£17.00	Per Sorelle	£18.00
Tuna steak, capers, olives in a rich tomato sauce.		Smoked salmon in a cream cheese, lemon and dill sauce.	
Al Salmone	£18.00	Pollo al Pesto	£17.00
Smoked salmon pieces in an orange, tomato and cream sauce.		Basil pesto with chicken, peppers and onions.	
Spaghetti Bolognese	£15.00	Panza	£17.50
Gluten free fusilli with home-made Bolognese sauce.		Chicken breast and mushrooms in a creamy tomato sauce.	
Lasagne Vegetariana (v)	£17.00	Marinara	£19.00
Traditional oven baked vegetable lasagne.		Mixed seafood and olives in a tomato sauce.	
		Al Formaggio	£17.00
		Bacon and leeks in a dolcelatte sauce.	

S I D E S

Rice	£4.00	Mixed Salad	£5.50
Chips	£4.50	Mixed Olives	£4.00
Vegetables	£5.00	with a homemade marinade	
Herby Fried Potatoes	£6.50	Insalata Caprese	£6.50
Creamy Mash	£5.50	(tomatoes, fresh mozzarella, basil)	
Pesto Mash	£5.50	Bruschetta	£6.50
GF Ciabatta	£5.00	(tomato, red onion, olives, basil)	
with dipping oil		Tomato + Onion Salad	£5.00
Olives+ Feta	£5.50		
Garlic Bread	£7.50		
• With Tomato	£8.00		
• With Mozzarella	£8.50		
• With Pesto	£8.50		